

MAIDENHEAD**September 2023**

(Registered Charity No. 1074907)

CHAIRMAN'S THOUGHTS**Hello All,**

This month my mind is focussing on the future of our u3a. I know I sound a bit like a broken record on this topic, but we need more of you, especially the “younger” members, to join the committee. In April 2024 three members of the committee complete their terms of office.

I will step down as Chairman, and Kathy Bell will step down as Groups co-ordinator. It is vital we recruit to the committee so that there can be continuity of the management function within our u3a.

We have successfully recruited Nuala and Jack to the team in the last couple of years and we need some more of you to step up please. The roles are varied and it's a great way to get to know other members of our u3a. Call me on 07786 854920 to find out more or talk to any committee member.

I also want to thank our conveners, the unsung heroes of our organization. Without their dedication, expertise, organisational skills and hospitality we would not have much of a u3a. Thank you.

Best Wishes

John Twyde Maidenhead u3a Chairman**GROUP NEWS****Potential New Groups**

As the autumn approaches once again - back to school time! - we turn our thoughts to new activities for the winter months. We have put together a list of subject areas that some other local u3a branches offer but that we, at the moment, do not

Archaeology	Collectables &	Geology	Opera at Home
Armed Forces	Antiquities	Mathematical	Pétanque
Bird Watching	Cooking for Friends	Musings	Theatre Visits
Board and Table Games	Croquet	Mouth Organ	Whist and other
Calligraphy	Enjoying Shakespeare	/Harmonica	card games

It must be stressed that these are just ideas for groups and they do not yet have any members or conveners, although interest has been expressed in some of them. However, if any of them interest you please contact Groups Convener, Kathy Bell at kathy.bell1@btinternet.com or 07752 660537 and she will be able to put like-minded people in contact with each other.

We look forward to hearing from you!

Pickle Ball Group

We are looking into the possibility of setting up a Pickle Ball group. This would be at Cox Green Gym, adjacent to the school. At the moment there are no details of times or cost, but we want to judge the level of interest before taking it any further. A Trainer has been identified to help in the early days. We would be looking at a 2-hour session, once a week, with equipment provided by the leisure centre. The group would also need a convener. If you think you might be interested, please email me on janetcrose@btinternet.com

Beer Appreciation Group

The group has been re-branded and is now the “**Beer, Pubs and Breweries Interest Group**”. This name more accurately reflects the aims and intentions of the group, which, as well as exploring the complexities of beer, are to learn about the history of beer and pubs and their importance to society - as well as enjoying meeting people in a relaxed environment.

The group will reconvene on **Thursday 28th September**. This meeting will be held in the conveners’ house, when we will discuss what people want from the group and how it will operate. All are welcome. Contact Bob and Ann Beauchamp on 01628 639014 or email bob.beauchamp@btinternet.com.

London Explorers 3

We now have 19 people who have registered an interest in a third London Explorers group. So, we have arranged an informal get together at the **Woodlands Park Community Centre, Manifold Way, Waltham Rd, Maidenhead SL6 3GW** on **Friday the 15th September at 2pm**.

The aim is for us to explain what is involved in setting up the group, how the trips are arranged and agree a start date. You also get to meet fellow Explorers and make new friends.

The meeting will last 1-2 hours and we will provide tea and coffee and maybe cake.....!

If you intend going but haven’t yet responded to the group email please can you let me know. Anyone else who is interested in joining Explorers 3 and hasn’t yet registered an interest please also give me a call or send an email to Linda Main threeamain@gmail.com 07962 255743.

A Philosophy Group

There are now enough people to form this group and an initial meeting is planned for Thursday, **September 14, at 2.15pm** at Hall & Woodhouse, Mill Lane, Taplow SL6 0AA.

We are still seeking a convener, or joint convener for the group so if you might be interested in this role, or in being a member of the group, please contact Christine Geary on geary514@btinternet.com or 01628 630751/07855 469123, or Groups Coordinator Kathy Bell and we’ll look forward to seeing you at the meeting.

Every group needs a convener, or two joint conveners, so here is some information for conveners from so that you can see what is involved and, perhaps, consider taking on the role for a subject that interests you.

Maidenhead u3a Information for Conveners

The u3a is all about getting out of the house, making new friends and enjoying activities in the company of like-minded people. It should not become stressful for the convener. Meetings do not all have to be at the convener's home. Many groups rotate between members with suitable homes and adequate parking. Some conveners do prefer to hold all the meetings at their home and this is fine too.

The convener should circulate members with details of the time and location of meetings, particularly if there are any changes to the normal routine, and any other information that they need.

Depending on the nature of the group, all members are encouraged to play an active part in the organisation of the meetings. However, some conveners prefer to organise all the meetings themselves and that is, of course, acceptable too.

All members should contribute to the costs of refreshments, printing of materials and any other expenses as appropriate and agreed by all members of the group. For refreshments and printing £1 per meeting seems reasonable.

Where premises other than members' homes are hired for meetings the cost of this will be shared between members. The u3a may subsidise this after consultation with the treasurer.

Conveners and members are covered by u3a insurance for any accidents or damage to property incurred during meetings, including those taking place outdoors.

Every month, around the 18th, all conveners receive a message from the Newsletter team inviting them to send in any messages that they would like to be included in the next newsletter. If the group is running smoothly and there are no vacancies and no changes to the normal routine, they do not have to send anything in.

If a convener needs advice about any kind of problem within a group they should consult the Groups Coordinator, currently Kathy Bell, or any member of the committee. Further expert assistance is available via TVN (Thames Valley Network) and TAT (Third Age Trust).

Conveners are encouraged to check their Interest Group page on the u3a Maidenhead website from time to time to ensure that details are correct and up-to-date. The website is of particular interest to prospective members. Even if a group has no vacancies, seeing a lively narrative describing the activities of a group might stimulate someone to set up a new group.

WELCOME TO NEW MEMBERS

Aileen Farrar, Vernon Webster, Chris Stritch, Mike Howell and Margaret Townsend



EVENTS IN AUGUST

MOTO

Members at the August
lunch in the Storia
restaurant Maidenhead

SEPTEMBER 2023 MONTHLY MEETING **Tuesday, 12 September 2023 at 2.30pm**

ARTIFICIAL INTELLIGENCE (AI)

Our speaker in September will be Deborah Morgan from the Alan Turing Institute, the UK's national institute for data science and artificial intelligence. The phenomenon of Artificial Intelligence or AI has been very much in the news in recent months, with forecasts that it will transform society, render many jobs redundant, revolutionise academic research, and even kill us all off! Deborah will explain what AI is and its history, its expected benefits – and threats. Deborah carries out research in the Institute's 'AI for Public Services' team. She is also a PhD researcher at the University of Bath. This promises to be a fascinating talk on a very topical subject so do come.



The talk will be held at the Desborough Bowling Club at 10 Green Lane, Maidenhead SL6 1XZ. Please aim to arrive between 2.00 and 2.15pm. To avoid problems with parking, **please share rides if possible**. You may park in the spaces for buses. **If the bowling club car park is full, you can park in front of Lidl or Homebase which are a short walk away or up to two hours, ideally having made a purchase.** Prospective or non-members who would like to attend the talk as a u3a 'sample' should please first contact the Membership Secretary, Maggie Kearney, on 01628 637 160 or membership@maidenheadu3a.org.uk.

PLEASE ENSURE YOUR PHONE IS SWITCHED OFF OR SET TO SILENT.

If you have any comments before or after the meeting, or suggestions for talks, please contact Philip Ratcliffe, on speakers@maidenheadu3a.org.uk

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Group Notices for September

For information about any of the groups below where a convener is not named, please contact Groups Coordinator, Kathy Bell, by email to groups@maidenheadu3a.org.uk or by phone on 07752 660537. The complete information about each group, including the name and contact number of the Convener, is on the **u3a website**.

Reading Group 1 Vacancy

We now have a vacancy. We are a friendly group that meets on the **3rd Wednesday** of every month. We read a wide range of books, suggested by members, and our discussions are very informal. If you are interested in joining us, please ring Pauline on 01753 642490.

Canasta

We meet now at the **Barley Mow Pub**, Cox Green Lane, Maidenhead SL6 3EW.

Rummikub

We return to the Shire Horse in September.

Meditation Group

The group **will not be meeting in September** due to work being done on the convener's house.

Nature Amble

Unfortunately, the August amble was cancelled because of rain. The September amble will be a week later than scheduled i.e. on **Friday 22nd September**. We will do the amble scheduled for August, walking through Braywick Park and Nature reserve, seeing how the wet summer has affected the trees and plants. All are welcome please contact Jill Waites for details.

Photography

Meet at the studio, The Courtyard, Berry Hill, Taplow, SL6 0DA at 11.15. The topic for September is **Domination**.

Science

On **21st September** we will visit Greatmoor Energy from Waste plant. Meet at Jacqueline Turner's House, Larkspur Mill Lane Taplow at **12.50** for a 2.00 arrival at Greatmoor. **Please note early departure time**. Paul Main will lead the visit, 07920712634.

Short Walk on Thursday 7th of September

The start point is <https://goo.gl/maps/JViBBcVesFcxUrTZA> for Velolife, The Old House, Warren Row Rd, Warren Row, Maidenhead RG10 8QS for a 2.5 mile walk.

Meet at 10.30 for a 10.45 departure. The Walk Leader is Julie Veasey 07710 278087

Longer Walk on Wednesday 13th of September

Meet at the car park adjacent to the Jubilee River at Dorney SL4 6QS for a 4.1 mile flat walk taking in Thames and Jubilee rivers. Meet at 10.15 for a 10.30 departure.

Lunch at The Pineapple afterwards for those that want it. John Twydale 07786 854920 is the walk leader

Only 2 walks this month due to family commitments.

Garden Visits

Meet at Wembury, Altwood Close Maidenhead SL64PP on **Wednesday 20th September** at 10.30. **Please note change of date.** Maura Mc Ginley 01628 629088 or 07767446349.

Exploring World Faiths

This month's topic will be **Daoism – the ancient Chinese philosophy and religion.**

Poetry Appreciation

This month's topic will be **The Rubaiyat of Omar Khayyam** (*Edward Fitzgerald's translation*). We will also be exploring the poetry of the late **Anne Beresford**.

Art Appreciation

The meeting on **September 1st** will be at Noon at the Stanley Spencer Gallery. Contact Mandy Taylor for more information at mandyofart@gmail.com. Note there is an entry fee of £6. We plan to go afterwards to The Crown in Cookham for an optional lunch .

Lunch Club will be on Thursday September 28th

Puzzler group

There has been no interest in this group so it has been terminated.

Air Miss



Written and Illustrated
by Jo Laurie

Aviation

The Aviation Group meeting in September features Jo Laurie, recalling her time in the Women's Royal Air Force (WRAF) where she became an Operations Officer at RAF Abingdon as recounted in her semi-biographical book "Fly Miss", and supported by her own cartoons and sketches. The charge will be £5 per head. For further information contact Bill Teasdale on 01628 672283

Day Out Stratford-upon-Avon

The Maidenhead National Trust Association is organising a day trip by coach to Stratford-upon-Avon on **Sunday 17 September** leaving Maidenhead at 9.30am. The cost is £25. For more information, please contact Maggie Kearney 01628 637160.

1. What are the animals used as Devices for the two American political parties, (a) the Democrats and (b) the Republicans?
2. In which countries is the predominant language (a) Amharic (b) Kikuyu (c) Sinhalese (d) Yoruba (e) Malagasy?
3. Why did Oliver Cromwell ban Eccles Cakes?
4. Which is the only one of Jesus' miracles to be recorded in all four gospels?
5. What part of a bull might be facing a problem?
6. What is flummery?
7. Which river was described in the Kipling story as 'great, grey, greasy'?
8. Which mediæval English King was killed while sitting on the lavatory?
9. What is the origin of pot- holes?
10. Where are the Roaring Forties?
11. Who promoted the phrase "a soggy bottom"
12. What is 'passaging'?
13. At least eight pop groups have colours in their names (a).....Floyd (b) Simply.....(c) Deep... (d).....Stripes (e).....Day (f).....Sabbath (g)hot Chilli Peppers (h).....
14. The Tongan brothers and their cousin play for 'Saracens' (a) name them (b) in what sport?
15. (a) What naval flag is blue with a white centre? (b) what is its meaning?
16. Elsie and Doris Waters had a radio show back in the forties/fifties- what were their character names?
17. These people have gemstones as first names. (a) Ruby (b) Garnet (c) Beryl (d) Jasper Give their surnames.
18. Where would one expect to find together fagotto, ophicleide, vox humana, and tibia clausa?
19. Where would you look for a passenger pigeon?
20. What steam engine holds the record as the world's fastest.?

Report on August 2023 monthly talk by Professor Malcolm MacCallum

The Professor entitled his talk 'Black Holes and other Compact Objects' (a reference to important astronomical phenomena). He explained that stars are fuelled by the fusion of hydrogen atoms with a consequent release of energy (like H-bombs). Eventually when stars run out of hydrogen, they collapse violently as their huge inward gravity is no longer balanced by radiation energy. The way stars collapse depends on their size, which is measured in solar masses (SM), the mass of our sun. Smaller stars, up to 1.44 SMs, collapse to form White Dwarf stars which are very dense. A thimbleful of White Dwarf material would weigh around 10 tons.

Stars up to 3.5 SMs form neutron stars after blowing off material into space, creating supernovae and nebulae, and in some cases pulsars which emit a regular pulses of radio waves. A teaspoon of neutron star would weigh 100,000,000 tons!

Larger stars with masses above 100 SMs form Black Holes when they collapse, regions which have such massive gravitational pull that no light can escape from them. Thus, we can only detect black holes by their gravitational effect on their surroundings. Analysing what is going on in black holes has been facilitated by Einstein's relativity theory, which predicted that light travelling near a black hole would be bent by gravity. Scientists have proved that the radius of a black hole is determined by its mass. While the sun's diameter is about 1,400,000 km, if it were a

black hole of the same mass, it would be only three km wide and the earth would be less than 10cm across. At the centre of every galaxy there is a black hole, which is only 0.5% the mass of its galaxy and which determines the galaxy's size. These supermassive black holes have a mass of up to 100 million suns. Einstein had predicted the existence of gravitational waves, but they were only confirmed by observation in the 1970s. The energy in such waves is incredibly weak, which is why they are hard to detect. They can be emitted during a gigantic stellar explosion and travel at near the speed of light.

Prof. MacCallum's final takeaways were:

- Star sized black holes can be 'seen' in binary stars (a black hole and a normal star orbiting each other and emitting X-rays)
- Supermassive black holes can be detected by the motions of nearby stars and gas, and their mergers can be 'seen' by observing pulsars
- Black holes are quite common
- We may be here due to the black hole in the centre of the Milky Way
- Gravitational waves can now be detected and provide information about black holes and neutron stars
- Neutron stars may be the source of heavier elements like gold and platinum. So, you could be wearing a bit of neutron star on your finger!

After the talk, a long line of eager audience members waited to ask Professor MacCallum questions. The BBC astronomy programme 'The Sky at Night' is well worth watching as a complement to the monthly talk, see on BBC iPlayer.

ADVANCE NOTICE – DATE FOR OCTOBER TALK

Instead of the second Tuesday of the month, in October the talk will be given on the fourth **Tuesday i.e. 24th October**. The speaker will be Rear Admiral Chris Parry. Please put the date in your diary now. More details next month.

NEW – The Bowling Club has catering facilities, so if you wanted to meet with friends before the meeting for a cup of tea or a light lunch, this could be a good opportunity to arrange to get together. Please be sure to clear away by 2 pm so that the room can be readied in time for the talk.

Thames Valley Network

Our regional network of u3a groups also has a regular programme of events, some on Zoom and some in person. Visit <http://u3atvnetwork.org.uk> for more information.

Friday **15th September**. Autumn Quiz at 2pm

Wednesday **4th October** at 2.30pm. "Tickled to Death" a talk by Simon Brett OBE about his life in broadcasting and becoming a prolific crime writer.

Thursday **2nd November** 2pm. "Frida Kahlo and Georgia O'Keefe" a talk by Keith Appleby.

Wednesday **15th November** 1030 am. Abba, A presentation from Clive Aronson.

Thursday **30th November** 2.30pm" My Falklands War" a talk by Dr Chris Parry.

u3a Talks on Zoom

The u3a national website hosts a number of talks on Zoom each month. They are free to all u3a members. To find out more about them, go to [www.u3a.org.uk/events/educational events](http://www.u3a.org.uk/events/educational%20events). They cover a huge variety of topics.

Answers to September's Quiz

Any queries, email Ann at annghay@icloud.com

1. (a) the donkey (b) the elephant
2. (a) Ethiopia (b) Kenya (c) Sri Lanka (d) Nigeria (e) Madagascar
3. Because of their decadent ingredients
4. The feeding of the five thousand
5. Its horns (of a dilemma)
6. A milk dessert, like blancmange
7. The Limpopo
8. King Edmund II in 1016
9. In the West Midlands many potters, rather than buy clay, would dig it out of the unpaved roads, despite local by-laws forbidding this.
10. Between 40 and 50 degrees south, where storms are frequent.
11. Chef Paul Hollywood describing undercooked pastry.
12. A dressage process where the horse walks sideways.
13. (a) Pink (b) Red (c) Purple (d) Stripes (e) Green (f) Black (g) Red (h) Cream
14. (a) Billy and Mako Vunipola and their cousin Manu Vunipola (b) Rugby Union
15. (a) The Blue Peter (b) It signifies that all personnel must return on board as the vessel is about to depart.
16. Gert and Daisy
17. (a) Ruby Wax (b) Sir Garnet Wolsesley (c) Beryl Reid (d) Jasper Conran (and many more)
18. They are all organ stops.
19. In a museum? They are now extinct.
20. Mallard (126 mph in 1938)

London Explorers Group 1 who had a fascinating guided tour of Highgate Cemetery on 22nd August



Challenge to Readers from Mal

Geary: If you can tolerate a September joke try this:

Exhausted after jogging 3 miles I visited a massage parlour & got treated all over with baby oil.

The lady leaned over and asked:
'*would you like super sex*' ?

' *If you don't mind, I'll have the soup* '

Submissions to Newsletter - especially Pictures

We would be delighted to receive articles and photos from members. If you decide to send us photos, please ensure that they are no more than 750 kb each. Also, please do not email .pdf files for the newsletter as the open-source software that we use to insert these files requires considerable additional effort. Acceptable formats are: .docx, .doc, .jpeg (.jpg) and .xls or .xlsx. It would help the editors if you would crop them and reduce the image size before sending. Email attachments are much easier for us than embedded pictures. Please email us anything that you would like us to consider for the next newsletter NO LATER than the 22nd of the month.

Thank you Nuala Smith & Jack Kerbel

newsletter@maidenheadu3a.org.uk or newsletter.maidenheadu3a@gmail.com

Committee Members & other u3a links

Chairman	John Twydle	chairman@maidenheadu3a.org.uk	01628 621644
Treasurer	Linda Main	treasurer@maidenheadu3a.org.uk	07962 255743
Secretary	Janet Rose	secretary@maidenheadu3a.org.uk	01628 624709
Membership Secretary	Maggie Kearney	membership@maidenheadu3a.org.uk	01628 637160
Groups Coordinator	Kathy Bell	groups@maidenheadu3a.org.uk	07752 660537
Speaker Organiser	Philip Ratcliffe	speakers@maidenheadu3a.org.uk	07710 160786
Newsletter	Nuala Smith	newsletter@maidenheadu3a.org.uk	01628 315446
	Jack Kerbel	newsletter@maidenheadu3a.org.uk	01628 604935
Website Editor	Nigel Roper	web@maidenheadu3a.org.uk	01628 636893
TVN Rep	Jenny Alder	tvn@maidenhead.org.uk	01753 859664

Programme of Group Meetings

In the last few months, we have been trying to find a compact way of listing the active groups and at the same time providing a simple and helpful listing for members. This is the latest, and probably the last, attempt. You will always find more information about what any group does, at <https://www.maidenheadu3a.org.uk/groups/> WITHOUT having to log in.

Variable Groups

Sunday Groups: Sunday Bridge every week and MOTO (Members on Their Own) once a month.

Variable Days: London Explorers, Walks, Film, Solos and Bucket List. The details each month will be in the Groups section of the newsletter.

GROUP	CONVENER	CONTACT	DAY	TIME
A				
Ancient Literature	Mick Stringer	07836 211314	3 rd Thurs	14.30
Art Appreciation	Mandy Taylor	01628 298107	1 st Fri	10.30
Art Untutored	Peter Neville	01628 674097	1 st & 3 rd Tues	14.00
Aviation	Bill Teasdale	01628 672873	2 nd Thurs	14.30
B				
Beer Appreciation	Bob Beauchamp	01628 639014	4 th Thursday	
Book Reading 1	Pauline Sparkes	01753 642490	3 rd Wed	14.00
Book Reading 2	Bobby Maunsell	01628 828279	2 nd Wed	13.00
Bridge C	Frances Foster	07548 306782	Every Thurs	14.00
Bridge E	Mal Geary	07973 193439	Every Mon	13.30
Bridge F - Beginners	Susanna Jones	07583 447789	Every Wed	9.30
Bridge on Sunday	Susanna Jones	07583 447789	Every Sun	14.00
Bucket List	John Twydle	07786 854920	Varies	
C				
Canasta	Christine Wilkinson	07887 887579	2 nd & 4 th Fri	10.00
Carpet Bowls	Jenny Alder	01753 859664	Every Mon	14.00
Classical Music	John Noakes	01628 637399	2 nd Mon	14.15
Creative Cards 1	Eileen Rogers	01628 639656	2 nd & 4 th Fri	10.00
Creative Cards 2	Eileen Rogers	01628 639656	1 st & 3 rd Fri	10.00
Creative Writing	Mo Wright	01628 630023	4 th Tues	14.15
Cribbage	Nigel Furneaux	07721 426768	2 nd & 4 th Thurs	15.00
Current Affairs 1	Barbara Walmsley	01628 522255	4 th Tues	14.15
Current Affairs 2	Pamela May	01628 605432	2 nd Thurs	14.15
D and E				
Dog Walking	Sandra Brooks	07717 043462	2 nd & 4 th Mon	11.00
Explore World Faiths	Michael Gammage	07763 405699	1 st Thurs	14.30
F				
Family History	John Noakes	01628 637399	3 rd Tues	14.30
Film	Jenny Webb	01628 633399	Varies	
	John Twydle	07786 854920		
Food and Nutrition	Christopher Good	01628 628157	3 rd Tues	14.00
French 2	Margaret Scharff	01628 666218	2 nd & 4 th Wed	10.00
French Advanced	Ian Ross	01628 626849	3 rd Thurs	15.00
French Conversation	Tim Lodge	01628 627882	2 nd Mon	12.15
French Improvers	Evelyne Withey	01628 627603	1 st & 3 rd Wed	10.30
Fun with Flowers	Chris Smith	01628 663764	3 rd Fri	14.00
G				
Garden Visits	Maura McGinley	01628 629088	Varies	
German Advanced	Rhona Latham	01628 638740	2 nd & 4 th Fri	10.00
German Conversation	Vreny Beadon	07900 831041	Alternate Thurs	14.00
Guitar	Gerri Suggett	07760 191343		

H and J				
History	Chris Sayers	01628 620647	2 nd Fri	14.00
Jazz Appreciation	Richard Kellaway	01628 482605	2 nd Mon	14.00
L				
Latin	Mick Stringer	07836 211314	2 nd & 4 th Mon	10.45
London Explorers I	Janet Rose	07762 339873	Varies	
London Explorers II	Christine Feldon	07941 253427	Varies	
Lunch Club	Linda Rahmatalla	01628 671766	Varies	
Lunch Wednesdays	Lyn Reed	07913 305407	1 st Wed	
M and N				
Mahjong	Jill Waites	01628 628993	1 st & 3 rd Wed	14.00
Maideleles (Ukelele)	Sarah Mawhinney	01628 781057	Every Wed	10.30
	Geoff Selvidge	07817 415677		
Meditation	Marie Krag	01628 632683	3 rd Wed	14.00
MOTO (Members On Their Own)	Jean Gale	01628 825107	Mainly Sundays	
Nature Amble	Jill Waites	01628 628993	3 rd Fri	10.15
P				
Photography	John Twydle	07786 854920	2 nd Tues	11.15
Play Reading I	Barrie Williams	01189 349525	1 st Thurs	14.00
Play Reading II	Janet Rose	07762 339873	2 nd Fri	14.00
Poetry Appreciation	Michael Gammage	07763 405699	1 st Tues	14.30
Popular Music	Barrie Williams	01189 349525	3 rd Thurs	14.30
Practical Gardening	Jenny Alder	01753 859664	1 st Thurs	14.00
Q and R				
Quiz	Derek Searle	01628 822562	1 st Mon	19.15
Recorder	Edwina Shelley	07708 044152	1 st & 3 rd Mon	13.30
Rummicub	Janice Walker	01753 852403	1 st & 3 rd Fri	09.30
S				
Science	John Twydle	07786 854920	3 rd Thurs	14.15
Scrabble	Hilary Brodie	01628 522331	Last Mon	14.15
Spanish (Hols) 1	Kathy Bell	07752 660537	1 st & 3 rd Tues	10.00
Spanish (Hols) II	Kathy Bell	07752 660537	2 nd & 4 th Tues	10.00
Spanish Improve I	Barrie Williams	01189 349525	2 nd & 4 th Tues	10.00
Spanish Improve II	Barrie Williams	01189 349525	1 st & 3 rd Mon	10.00
Spanish Improve III	Barrie Williams	01189 349525	1 st & 3 rd Fri	10.00
T, W and Y				
Threads and Needles	Maggie Kearney	01628 637160	3 rd Thurs	11.00
Walks (various)	John Twydle	07786 854920	Varies	
Yoga	Barbie Bellman	07740 288498	Every Mon	14.30